

# INFORMATION BROCHURE

**DEPARTMENT OF PHYSICAL EDUCATION, TUFANGANJ MAHAVIDYALAYA**

**TUFANGANJ NEWTOWN, COOCH BEHAR, PIN: 736160**

## ABOUT THE DEPARTMENT

The Department of Physical Education was started in this college in 2018 with two guest lecturers. Day by day the department developed with well-equipped laboratory by different items of sports. This department participates in various sports activities at university level. We are proud of becoming runners twice in inter-college kabaddi games in Thakur Panchanan Barma University. Some students of our department got medal in individual game. During this period the department of this college organized different types of games, sports and athletics meets. There are so many scopes for the students of Physical Education to build their career in SSC, Police Services, Defence and also in Private English medium schools. At present, there are one departmental faculty (Surojit Barman, SACT) in this department. This department will be extended in near future to meet the growing demand of this subject.

## SPORTS AND GAMES

For a long time sports has been viewed as a way to stay healthy and in shape, but its importance goes further than that. As a matter of fact, sports teach life lessons like discipline, responsibility, self-confidence and teamwork. Tufanganj Mahavidyalaya which was established in the year 1971 has a rich legacy of sports activities. The students of the college have been actively participating in various sports activities like Football, Volleyball, Badminton, Kabaddi, Cricket and Athletics. The college provides all the facilities for different types of indoor games. Moreover, it has a flourishing multi-gym. Annual Sports Day is observed with much enthusiasm every year. To make games and sports an integral part of student's life, the College has introduced the Department of Physical Education in the year 2018. Due to ongoing Covid-19 pandemic situation, no sports activity was taken/ performed in 2020-21 academic sessions.

List of sports activities

Intra college level		Inter- college level	
1	Football	1	kabaddi
2	Volleyball	2	football
3	kabaddi	3	volleyball
4	Athletics	4	Athletics
5	Kho-kho	5	Kho-kho



## ADMISSION PROCEDURE

1. H.S. passed with health & physical education subject or sports achievement certificate in any level
2. A selection trial may organize when the applicants exceeds the stipulated quota.

## SELECTION PROCESS:

Admission shall be made on the merit on the basic obtained in the Entrance Test with due weightage for physical fitness and other proficiency.

Admission will be made in order of merit on the basis of Entrance Test.

Rankings in entrance test will be made out of 50 marks.

Minimum qualifying mark in the entrance test will qualify a candidate to be include in the ranking of the scores. Physical fitness test (50marks).

## ADMISSION TEST (ENTRANCE) DETAILS:

Date of entrance test & venue on 2022 at Tufanganj Mahavidyalaya ground which will be informed through Messages. All the candidate must be provide valid mobile number during the time of registration.

**Details of entrance test will be held on 08/08/2022 at 10.00 A.M. (Reporting at 9.00 A.M.)**

## PHYSICAL FITNESS TEST (50MARKS):

**50 METER Dash (10 marks)**, standing broad jump(**10 marks**), **4x10 meter shuttle run(10 marks)** and 600 meter run(**10 marks**), over head back medicine ball throw (men 3 kg & women 2 kg) (**10 marks**).

## CURRICULAR ACTIVITIES

In modern concept of physical education there are two parts in course curriculum which are theoretical and practical

Theoretical part	Practical part
Foundation of physical education Health education Sports management Exercise physiology	Team game like – kabaddi, football, volleyball etc. Individual game like- athletics, badminton, Group activities like- callisthenics, drill, marching, aerobics etc.







## Department of Physical Education Tufanganj Mahavidyalaya B.A phy.edu 1st Batch 2018 - 2021



1. Sitting Row L To R:- 1) P. Das, 2) Dr. D. Chatterjee, 3) S. Barman, 4) R. Barman

### EXTRA CURRICULAR ACTIVITIES

#### Institutional Promotion for participation of students in Extra Curricular activities

The policy of the institution is the holistic development of each and every student. For this purpose, the department organizes several extra co-curricular activities and motivates them to participate in the same. Equal and ample opportunity is provided to the students for participating in extracurricular events like- mallakhamb training, tracing, cycling etc.



On-line Registration for Admission to 1<sup>st</sup> Year degree classes of B.A./B.Sc./B.Com. (Programme & Honours Courses) in Tufanganj Mahavidyalaya under Coochbehar Panchanan Barma University for the session 2022-2023 will be held from 11.30a.m. of 18/07/2022 to 11.59 p.m. of 05/08/2022. Interested candidates are directed to visit college website ([www.tufanganjmahavidyalaya.net](http://www.tufanganjmahavidyalaya.net)). There is no any fee for on-line Registration.

Publication of <b>Provisional Merit</b> List for Honours and Programme(General) Course	10/08/2022
In case of any <b>mistake/error</b> in provisional merit list published on 10/08/22 candidate have to contact college through the email id: <a href="mailto:admission2022.tfgm@gmail.com">admission2022.tfgm@gmail.com</a> and submit application addressed to the principal within	13/08/2022 3.00 p.m.
Publication of Final Merit List For Honours and Program (General)Course	16/08/2022

**N.B:** See details admission schedule in the college Website

[http://www.tufanganjmahavidyalaya.net/userfiles/file/Admission\\_Schedule\\_for\\_UG\\_Courses\\_2022-23.pdf](http://www.tufanganjmahavidyalaya.net/userfiles/file/Admission_Schedule_for_UG_Courses_2022-23.pdf)

**Details of entrance test will be held on 08/08/2022 at 10.00 A.M. (Reporting at 9.00 A.M.)**

### **IMPORTANT GUIDELINES ADMISSION SESSION 2022-23**

1. The students who have passed H.S. or equivalent examination in 2020, 2021 and 2022 are only eligible to apply.
2. Admission into different courses will be strictly on the merit basis and availability of seats.
3. Each student will have to mention his/her personal valid email id and valid mobile number while his/her application form. A student must upload his/her a) Admit card of class X examination, b) H.S. or equivalent mark sheet, c) One recent colour photograph, d) Original caste and/or PH certificate (if any) during the form fill up.
4. There is no application fees will be charged.
5. If a student wish to apply for free student-ship (Half-fee & full fees), he/she will have to pay Rs. 10 at the time of admission.
6. **In one application a student will apply 3 honours subjects along with a program course.** (In case of Geography program and Physical Education program students should be apply separately).
7. **If one candidate gets admission in his/her 1<sup>st</sup> preference of honours/program course they will not be able to take admission in other's preferences. (If, the candidates will admission in the 3<sup>rd</sup> preference, he/she still will be awaiting for 1<sup>st</sup> and 2<sup>nd</sup> preference merit list).**
8. Physical attendance in the class for verification of all original testimonials on the stipulated dates is mandatory; other-wise his/her candidature will be cancelled.
9. A set of self attested testimonials with duly filed application form is needed to submit during verification at the college.

10. Physical test will be done for preparation of merit list of the subject of Physical education and NCC (National Cadet Corps) by sending mail and telephonic communication.
11. No subject change could be made after physical verification.

### ADMISSION FEES

1. B.A. Ist Yr. Physical Education = Rs.  
2,710=00

### DOCUMENTS REQUIRED AT THE TIME OF ADMISSION

- 1) Admission Form with affixed one colour Photograph of the student.
- 2) One Self attested Xerox copy of M.P. Admit Card, One Self Attested Xerox Copy H.S. Marksheet, One Self Attested School Leaving Certificate, One Self Attested SC/ST/OBC(A)/OBC(B)/ PH/BPL Certificate if applicable.
- 3) Original H.S. or Equivalent Exam. Mark-sheet and M.P. Admit card of Birth.
- 4) Original SC/ST/OBC(A)/OBC(B)/ PH/BPL Certificate if applicable.
- 5) Xerox Copy of Money Receipt both On-line Registration and Online Admission (One Copy Money receipt of on-line  
\*Registration and On-line Admission should be retained by the Candidates for future requirement.

### NOTE

\*Admission into different course will be strictly on the basis of merit and availability of seats.

\*\*Students who have passed H.S. or equivalent examination in 2020, 2021 and 2022 are only eligible to admission.

\*\*\*IN CASE ANY DISCREPANCY IF FOUND DURING THE VERIFICATION, THE CANDIDATURE OF THE CONCERNED CANDIDATE WILL BE CANCELLED AND ADMISSION FEE WILL BE FORFEITED.

\*\*\*\* THE ADMISSION SCHEDULE PRESCRIBED BY C.B.P.B.U IS GIVEN IN SEPARATE PAGES.

Date: 18/07/22

Sd/-

Principal,  
Tufanganj Mahavidyalaya